

# Privacy Policy

Theuncomfortableelite.com

**Last Updated: May 12, 2026**

This Privacy Policy describes how your personal information is collected and used when you visit or make a subscription on Theuncomfortableelite.com.

## 1. Personal Information We Collect

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We are committed to privacy and data minimization. We only collect the **email addresses** of our subscribers. We do not collect names, physical addresses, IP addresses, or any other personally identifiable information through our subscription form.

## 2. How We Use Your Email

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Your email address is used solely for the purpose of communicating with you regarding updates, newsletters, and announcements related to "The Uncomfortable Elite." We do not sell, share, or lease your email address to any third parties.

## 3. Your Right to Unsubscribe

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You have the absolute right to opt-out of our communications at any time. We make the process simple and transparent.

### **To Unsubscribe:**

Please send an email with the word "Unsubscribe" in the subject line or body to:

**[theuncomfortableelite@gmail.com](mailto:theuncomfortableelite@gmail.com)**

Upon receipt of your request, your email address will be removed from our database within 48 hours.

## 4. Data Storage

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Your email address is stored securely through our email service provider. While we strive to use commercially acceptable means to protect your information, please remember that no method of transmission over the internet is 100% secure.

## 5. Changes

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We may update this privacy policy from time to time in order to reflect changes to our practices or for other operational, legal, or regulatory reasons.